

Menu is subject to change without notice.

This institution is an equal opportunity provider.

3
Fish Sticks
 Yogurt & Graham Crackers
 NEW Sweet Potato Fries
 Romaine Salad
 Apples
 Strawberries
 Ranch Dressing
 Catsup



4
Chicken Sandwich
 Yogurt & Graham Crackers
 Seasoned Black Beans
 Romaine Salad
 Bananas
 Ranch Dressing

5
3- Bean Deluxe Nachos w/Cheese
 Yogurt & Graham Crackers
 Romaine Salad
 Sliced Cucumbers
 Blueberries
 Pears
 Ranch Dressing

6
Orange Chicken w/Chow Mein
 Yogurt & Graham Crackers
 Romaine Salad
 Mixed Fruit
 Grapes
 Jicama Sticks
 Ranch Dressing
 Salsa




7
Mac & Cheese w/Roll
 Yogurt & Graham Crackers
 Romaine Salad
 Green Beans
 Apples
 Pears
 Ranch Dressing

2/10: NO SCHOOL



Lincolns B-Day

11
Beef Italian Meatball Subs
 Yogurt & Graham Crackers
 Romaine Salad
 Grape Tomatoes
 Apples
 Ranch Dressing



12
Chicken Alfredo Penne w/ Breadstick
 Yogurt & Graham Crackers
 NEW! Creole Green Beans
 Romaine Salad
 Celery Sticks
 Grapes
 Ranch Dressing



13
Red (Turkey) Pozole w/Tortilla Chips
 Yogurt & Graham Crackers
 Shredded Cabbage
 Grape Tomatoes
 Lemon Wedges
 Jicama Sticks
 Mixed Fruit

14
Heart Shaped Chicken Nuggets w/Heartzel Pretzels
 Yogurt & Graham Crackers
 BBQ Beans
 Carrot Sticks
 Grapes
 Ranch Dressing
 Salsa


2/17: NO SCHOOL




Presidents Day

18
Cheeseburger
 Yogurt & Graham Crackers
 BBQ Beans
 Romaine Salad
 Carrot Sticks
 Apples
 Ranch Dressing
 Catsup
 Mustard

19
Jerk Chicken & Jollof Rice w/Cornbread
 Yogurt & Graham Crackers
 Romaine Salad
 Grape Tomatoes
 Grapes
 Mixed Fruit
 Ranch Dressing



20
Domino's Pepperoni Pizza
 Yogurt & Graham Crackers
 Romaine Salad
 Jicama Sticks
 Bananas
 Ranch Dressing




21
Cheesy Ravioli w/Marinara & Breadstick
 Yogurt & Graham Crackers
 Romaine Salad
 Broccoli
 Apples
 Pineapple
 Ranch Dressing

24
Walking Tacos w/Cheese
 Yogurt & Graham Crackers
 Shredded Lettuce
 Seasoned Pinto Beans
 Grape Tomatoes
 Apples
 Salsa
 Ranch Dressing



25
NEW Chicken Gumbo w/Steamed Rice
 Yogurt & Graham Crackers
 Romaine Salad
 Fresh Broccoli
 Bananas
 Pears
 Ranch Dressing

26
Teriyaki Beef Dippers w/Rice
 Yogurt & Graham Crackers
 Romaine Salad
 Green Beans
 Pears
 Grapes
 Ranch Dressing



27
Green Chicken Enchilada Casserole
 Yogurt & Graham Crackers
 Romaine Salad
 Corn
 Cool Tropics
 Fresh Strawberries
 Ranch Dressing
 National Strawberry Day!

28
Bean & Cheese Pupas
 Yogurt & Graham Crackers
 Romaine Salad
 Jicama Sticks
 Apples
 Ranch Dressing
 Salsa

All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students **must** select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components.

FEBRUARY



BLACK HISTORY MONTH